



2025

JOINT REPLACEMENT CLASS

UNC Hillsborough Campus

Please join us to learn more about your upcoming hip or knee replacement surgery. This class is MANDATORY but FREE for all patients having hip or knee surgery with us unless you have already taken a class within 6 months before your surgery. The class appointments will appear as either GROUP SESSION or VIRTUAL GROUP SESSION in your MyChart. Ideally, you should attend a class before your PREOP appointment. If you do not have a class appointment, please contact Erica Gales (contact information on this flyer). You will meet members of your hospital care team, including staff from Nursing, Physical Therapy, and Care Management. Light refreshments will be served.



RSVP today!

**Classes on 2nd & 4th
Tuesday of the month**

10:00AM – 12:00PM

Virtual Option Available

February 25

March 11

March 25

April 8

April 22

May 13

May 27

June 10

**UNC HILLSBOROUGH
CAMPUS**

430 Waterstone Drive
Hillsborough, NC 27278

RSVP to Erica Gales

984-215-3350

Erica.Gales@unchealth.unc.edu

The virtual classes are held on WebEx. The information, links, and QR code below can be used to join the class.

Virtual Class Reminders:

- Try to join the class 5-10 minutes early to allow time for troubleshooting.
- Stay MUTED throughout the class to minimize disruptions, but feel free to unmute if you have a question at the end.
- Contact Erica Gales at 984-215-3350 or Erica.Gales@unhealth.unc.edu if you would like to request copies of any class handouts or have additional questions after the class has ended.

Join from the meeting link

<https://unhealth.webex.com/unhealth/j.php?MTID=m460adc9c4da98c3336debbdf3b6c6750>

Join by meeting number

Meeting number (access code): 2319 629 4614

Meeting password: QHkmGfWW353

Tap to join from a mobile device (attendees only)

[+1-415-655-0003,,23196294614##](tel:+1-415-655-0003,,23196294614##) US Toll

Join by phone

+1-415-655-0003 US Toll

[Global call-in numbers](#)

Join from a video system or application

Dial [23196294614@unhealth.webex.com](tel:23196294614@unhealth.webex.com)

You can also dial 173.243.2.68 and enter your meeting number.

QR Code Instructions: Open the CAMERA on your phone or tablet and aim the camera at the QR code below. Do not take a picture of the QR code. Once your camera is aimed at the QR code, a website should pop up at the top of your screen—click on that website.

